



## **PLASTIC FREE TERM THREE- NUDE FOOD DAYS**

What would a life without plastic be like?

Ever thought about taking a few simple steps to finding out?

How about 'Nude Food Tuesday and Thursday'?

Nude Food is food without excess packaging. This reduces the amount of 'stuff' that needs to go in bins to be sent to landfill. Durable, reusable containers are a great way to bring food, as they may last from pre-school through to high school and beyond, providing long term cost savings and environmental benefits.



What about Monday, Wednesday and Friday?

These days are Canteen days. Our Canteen is already a Green light accredited Canteen, in that, it follows guidelines set by the Department of Health for healthy foods and drinks supplied in school canteens. The canteen already chooses healthy foods and has made a large amount of effort to reduce the waste that it produces.

Just ask 'The Gals'. They really look forward to canteen days as they get to eat the scraps at the end of the day.



One extra thing that you can do on Canteen Days is to recycle your lunch bag (Pictured Below). It's paper so, let's recycle it!!



Nude Tuesday and Thursday is aimed at increasing a range of strategies for reducing waste to landfill by implementing the 3Rs, reduce, reuse, recycle - while developing positive environmental values in students and the whole school community.

**Anything that is already packaged at home is stripped and brought to school Nude!**

**Leave food wraps and bags at home and consider using reusable**

**containers.**



Could anyone argue about the value of this initiative?