

## CtK Cares 2017



In 2017 the school will be introducing a group called CtK Cares.

*WE HOPE TO HAVE MANY OF YOU WANTING TO BE A PART OF THIS VALUABLE & REWARDING PROGRAM!*

### **What is CtK Cares?**

CtK Cares will be a group designed to offer assistance/care and support to families within our school community during times of need. Short term or long term assistance which may be needed due to illness, bereavement, family crisis, birth of a child or any type of change.

### **Who is running the group?**

This group, with the backing of the school will be organised and run by Naomi O'Hara and Louise O'Byrne.

### **What information will be given out if I need these services?**

Please be assured that if you need the services of this group for any reason, that your circumstances will remain strictly private and confidential. It would only be if you requested for them to be known that they would be made available.

As an example :

If you required food for 2 adults and 2 children, and one of you were allergic to nuts. We would refer to our list of volunteers and ask for meals for a family of 2 adults and 2 child, with allergies to nuts.

If you required cleaning or gardening etc: Your address would be given out. We would refer to our list of volunteers & co-ordinate times that suit you both.

### **What do we want from you?**

What each family requires would vary depending on the family and circumstances.

There are many ways to volunteer. As a guide some things that may be needed are meals; school snacks/lunches; gardening; cleaning; school drop offs/pickups; transport to appointments; shopping.

These meals do not need to be fancy (e.g.: pasta bake & salad), just able to be reheated by the family in need. All you need to do is drop your meal to the office by 3pm on your rostered day.

If you can offer assistance in any way throughout 2017, please indicate in which areas you are able to assist in and availability on the attached form and return to the office as soon as possible. Any help you can give really does make a difference!

Generally we would ask you to help a couple of times a year.

## Who are we?

Louise O'Byrne & Naomi O'Hara



Between us we have 10 children

Naomi.—I have been married to Manny (Emmanuel) for 19 years and we have 6 children. Tahlia has just graduated year 12 at Seton; Joshua is in year 10 at Seton, Michael is in year 6 at CtK, Monique year 4 at CtK, Sophia year 1 at CtK and Amelia has just turned 2.

In 2012 we lost our home in a fire. We had many friends from our school community assist and support us through this time, off their own backs, and we greatly appreciate everything they did for us. A group such as this would have been invaluable at that time.

More recently, this year I broke my ankle and was out of action for a couple of months, again parents and friends from our school community helped our family during this time. The spirit and caring nature of parents and carers within our school community is high, and I believe that we can all do great things within this group.

We live in Coolbellup.

Louise—I have been married to Joe for 21 years and we are blessed with 4 children. Oliver has just graduated year 12 at Seton, Lachie is in year 9 at Seton, Fraser is in year 4 at CtK and Annie is in year 1 at CtK.

We moved to Perth from Tasmania at the beginning of 2015 with my husbands work and we now live in Bibra Lake.

Mine and Naomi's friendship was formed before we even met, when my husband and I accepted positions for our children and CtK and I joined the CtK Facebook page.

Our love of family, community and all the ups & downs life throws at us, has us both committed to helping make a difference at CtK through experience, understanding and support.

## How do I get in contact?

If you are in need, or know of a family within our school community in need due to any type of crisis, illness, bereavement, birth of a newborn etc we would like to offer our support.

Please contact one of us on the contacts listed below and we can offer you our teams help.

Naomi O'Hara  
0427400781  
n\_ohara@bigpond.com

Louise O'Byrne  
0419577766  
louobyrne@bigpond.com